

Inclusive Sexual Health Services: Practical Guidelines for Providers & Clinics Promotional Content

We hope you will share this tool with your organization, members, and/or colleagues and across your communication channels (website, emails, newsletters, and other materials).

Promotional Copy:

The <u>National Coalition for Sexual Health</u> (NCSH) is launching a new tool "Inclusive Sexual Health Services: Practical Guidelines for Providers & Clinics" to cultivate a clinical environment that supports primary care providers in the delivery of inclusive sexual health services.

This guide is organized into six sections, starting with workforce and staff training and then following with the overall client flow during a health care visit. It also includes an appendix outlining specific STI screening recommendations for specific populations. We recognize some of these practices may not be relevant to all institutions/health centers because of various policies, resources, and/or state laws.

Developed by NCSH's Health Care Action Group, which is comprised of leading health care provider organizations, this tool is available at no cost through NCSH's website; you can use it in your clinical practice and share it with your colleagues. This guide was adapted from the American College Health Foundation's <u>Implementation Guide for Sexual Health Best Practices in College Settings</u> and also cites the Centers for Disease Control and Prevention's <u>2021 Sexually Transmitted Infections Treatment</u> <u>Guidelines</u>.

Social Media Content to Promote the Tool:

- #Providers: To improve sexual health in this country, we must make sure health care services are inclusive. This new tool can help: <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Have you seen @NCSH_'s inclusive care guide? It helps clinics cultivate an environment that supports primary care providers in the delivery of inclusive sexual health services. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Wish your OBGYN's office was a bit more inclusive? Here's a list of things to look for when you go your next visit: <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- #Providers: Inclusive sexual health services are those that are equitable, accessible, and of high quality for ALL patient populations. While you can't individually tackle larger systemic issues, you can make a difference at your clinic. @NCSH_ can help.
 https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide

- #HealthCareWorkers: Do you want to encourage your organization to be more inclusive?
 @NCSH_'s new inclusive care guide allows you to assess yourself or your organization on your efforts to provide inclusive #sexualhealth services.
 <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Wonder if you're doing your best to provide #inclusive sexual health services? @NCSH_'s new guide gives concrete ways you can provide inclusive care, and allows you to do a self-assessment to see how you can improve.
 https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide
- #Providers: Different patients have different needs. Implementing practices & processes across the board with all patients can help ensure you provide the most inclusive sexual health care. @NCSH's inclusive care guide can help. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-careguide</u>
- #Providers: Providing inclusive care requires attention, caring, awareness, sensitivity, and possibly a cultural change at an organizational level. @NCSH's new tool can help you get started. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Ensuring that extra-large hospital gowns are available is one way that clinical environments can be inclusive of all patients. See @NCSH_'s new assessment tool for more ideas. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Patients may be sensitive to clinical spaces due to traumatic experiences. Consider adding a few plants and comfortable seating options. See @NCSH_'s inclusive care guide for more suggestions. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- Many health disparities can be better addressed by providing care that is client-centered and meets individual's specific sexual health needs. This new tool can help: https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide
- Health care #providers serve clients with different genders, sexual orientations, races/ethnicities, languages, abilities, income/education levels, and ages. This new tool can help ensure that all patients as comfortable as possible: <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>

- @NCSH_'s Inclusive Sexual Health Services: Practical Guidelines for Providers & Clinics focuses on patients affected by internal biases and inappropriate treatment including, racism, homophobia, transphobia, classism, ageism, ableism, fatphobia, sexism, general sex stigma, and other forms of oppression. See here: https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide
- To provide inclusive care, it's important that the staff at all levels are diverse and represent the communities that the clinic serves. See @NCSH_'s inclusive care guide for more suggestions on cultivating an inclusive clinic. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- To provide inclusive care, it's important that staff are aware of cultural norms and practices of all populations in their community. See @NCSH_'s new tool for additional training suggestions: <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcareproviders/inclusive-care-guide</u>
- #Providers: Does your clinic have interpretation services that are always available to patients? It's crucial that patients and staff can communicate at all times. See @NCSH_'s new tool for additional ways to ensure that language is not a barrier to care. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-careguide</u>
- #Providers: Ever considered displaying sexual toys in your office? See @NCSH_'s inclusive care guide for more suggestions on cultivating an inclusive clinic. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- To make patients feel more comfortable, clinics can make small a few changes to their patient questionnaires. See @NCSH_'s inclusive care guide for suggestions. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- #Providers: When asking questions regarding birth control, it's important to not assume heterosexuality, sexual activity, or desire to not get pregnant. @NCSH_'s new inclusive care guide details how to take an inclusive sexual health assessment. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- For some patients with disabilities, such as attention disorders, reminders for follow-up appointments are crucial. See @NCSH_'s inclusive care guide for more suggestions on cultivating an inclusive clinic. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- @NCSH_'s new tool highlights ways that #providers can provide inclusive care based on CDC's STI Treatment Guidelines. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>

- #Providers: Does your clinic have smaller-sized speculums for pelvic exams? Some patients feel more comfortable during exams when a smaller size is used. See @NCSH_'s inclusive care guide for more suggestions on cultivating an inclusive clinic. <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>
- @NCSH_'s 's inclusive care guide highlights CDC's clinical STI detection and screening recommendations. See here: <u>https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/inclusive-care-guide</u>